



YMCA OPEN DOOR

Supported Lodgings for
homeless young people



**Could you
offer your
spare room
to a homeless
teenager?**

Find out more



YMCA Open Door offers accommodation with an approved Host family within the Black Country.

Through the kindness of our host families, we are able to offer vulnerable young people the following housing options:

- ▶ Long-term supported lodgings
- ▶ Nightstop
- ▶ Daystop

Many young people are unable to live at home with their family for a variety of reasons – bereavement, overcrowding, family breakdown or risk of abuse. Without a safe home and the guidance of caring, responsible adults, many young people lose their way.

YMCA Open Door Project provides young people with the stability and support they need to continue with their education and transition into responsible adults.

Meet Shauna*

When I first moved in I was very nervous, crying and feeling not good about moving into somebody else's home as I had never done that before.

My host made me feel very comfortable. She made it easy for me to talk to her, share my feelings, explain what's bothering me or what I need. She offered me food or snacks to eat and welcomed me into her home. I felt loved and looked after.

I have a lot more confidence than before. I am more independent, I've started managing and budgeting my money, I've learned to cook and I'm going back into education. I learnt about the importance of dressing professionally, how to go for and prepare for an interview and being patient and organised. She taught me how to be confident in myself.

*Name changed to protect identity.



Become a Host

Becoming a YMCA Host and opening up your home to a vulnerable young person offers all sorts of rewards:

- ▶ It is immensely rewarding to see a young person develop into a responsible adult, who is making the most of the opportunities you have opened up for them.
- ▶ It is a chance for you to use your resources and skills to make your community a better place for everyone.
- ▶ You will receive a weekly fee from the YMCA, in addition to a contribution for the young person towards utility bills i.e food (optional)

Ask our team about becoming a YMCA Open Door Host

Want to know more?

For more details about Open Door, speak to a member of our team today or contact us on:

0121 524 1950 opendoor@ymcabc.org.uk

ymcabc.org.uk/opendoor    

YMCA

Here for young people
Here for communities
Here for you

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

FAMILY & YOUTH WORK

HEALTH & WELLBEING

HOUSING

TRAINING & EDUCATION

SUPPORT & ADVICE